



"In Support of Esoteric Healing™ Practitioners"

LIFESTREAM

Volume 1, Issue 2

NAEH Newsletter

Spring, 2011

Premiere Year

2011 NAEH CONFERENCE SUCCESS!

The NAEH has had a very interesting and productive year culminating in this year's 1st Annual NAEH Conference entitled "Dare to Dream," at the Okemos Conference Center in Okemos, Michigan, in May. After the months and months of planning, we were very happy with the huge success of the conference. It was such a joy for so many Esoteric HealingSM practitioners to be reunited and to enjoy the events of the weekend of May 13th, 2011.

After the initial welcome and introductions, and NAEH general update, Mary Connolly gave an informative and inspiring reading of the astrological chart of the NAEH, confirming the positive nature of the events coming together at the present time for the organization.

The Friday night reception was a great time for friends -old and new - to catch up, dine, and unwind with some great ethnic foods added in to spice (and sweeten) things up.

Saturday brought a fabulous meditation from Wallace Smith and led right into Dr. Barbara Briner's Keynote Address "Dare to Dream!," an inspiring discussion of dreams and those whispers of the heart that we feel challenged at times to follow. Barbara gave a treatment protocol afterwards to help open up the energies to listen to our intuition and our dreams when they speak to us.

Peter Wood gave an in-depth discussion on dreams and dream analysis which helped to highlight the complexity of the dream state and how little we know about how much we process when we dream.

Many were then creatively taken out of their comfort zones with Julie Lieberknecht's session; a mixture of art, movement, vocalizing, and listening experience combined with journaling as a way to tap into personal intuition. Great to see everyone dancing and having fun.

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(Our apologies go to Bonnie Dysinger whose name was accidentally omitted from the "Contributors" in the prior issue.)

The 1st official NAEH Membership Meeting finished the daytime portion of the program (discussed later in this issue). The National Foundation for Esoteric Healing was proudly announced (also discussed later in this issue).

Talent from across the country appeared in Saturday night's talent show. Wow, were we impressed with the amount and variety of performances from serious to extremely comedic! It wouldn't be fair to mention any one act in particular as they all "made" the show. That being said, I must reference Brad's skit – particularly "Auntie Karana" and the "Sushumna Sisters – Ida and Pingala." If you weren't there, ask someone about the talent night. Let's just say that we truly look forward to next year's talent show! Completing the evening was an energetic and fun drumming circle led by Karen Arndorfer. Many participated and the energy in the room was vibrant as well as grounding.

Sunday's events included serene meditation with Fran Oppenheimer as well as visualization discussion from Brad Lackie as he shared many of his experiences in police training and how important visualization is. For instance: in possible dangerous situations – visualizing a good outcome first, helps to achieve it.

Following that: Next Generation Esoteric HealingSM Facilitators; in other words, our youth, presented short segments explaining their place in the future of this work, how they began, and their dreams for the future of Esoteric HealingSM. Our thanks to MSU Student, Katelyn Ciaccio and 14 year-old Caban Schwartzentruber for having the courage, firstly, to do the work, and secondly, to speak to a room full of long-time practitioners.

We were able to wrap up the Conference with a marvelous presentation by Coral Thorsen, on Dreaming the Bigger Picture in which she shared from her own personal vision-board and an amazing slide-show of photographically captured orbs to remind us that spiritual assistance is always there with us. The Post-Conference Workshop on Certification was very well attended showing that we are truly serious about going forward with Certification! Information was presented by the Certification Committee and many questions were raised. It is finally time!

The NAEH 2011 Conference proved to be an amazing time for all involved. There was a general aura of peace and healing, as well as excitement for the future, throughout the conference center during the entire weekend.



NFEH/NAEH NEWS

NATIONAL FOUNDATION FOR ESOTERIC HEALING (NFEH)

The newly formed National **Foundation** for Esoteric Healing (NFEH) is a non-profit 501(c)3 organization. While separate from the NAEH, it supports the goals and bigger picture of the NAEH. This organization is funded solely through generous donations that are tax deductible. Conference attendees generously donated several thousand dollars to get the NFEH started.

The purpose of the NFEH is –

- 1 - To provide scholarships for Esoteric Healing SM classes taught by NAEH/INEH teachers
- 2 - To support educational programs that will further the development of Esoteric Healing SM
- 3 - To provide funds for research on topics dealing with Esoteric Healing SM
- 4 - Develop other avenues consistent with the purpose of the goals of the NFEH

The NFEH is just getting started. Would you like to help as we continue moving towards our goals for the future? The future is bright and the time is right!

1st ANNUAL NAEH - MEMBERSHIP MEETING!

We held our 1st Annual NAEH Membership Meeting during the Conference on Saturday, May 14th. Over 60 of our members were present.

✧ Steering Committee 2010

- Introduction of Members: Barbara Briner, Bonnie Dysinger, Julie Lieberknecht, MaryAnne Walker, Kelly Yoakam, Brad Lackie, Sherie Wells, Jan Hettich, Anshu Varma
- The Steering Committee has been working very diligently to guide the development of the NAEH and functioned also as the Conference Committee for this Conference.

✧ Progress Report (available at www.nafeh.net)

- We have 122 members, located in 15 states
- Publications:
 - ✓ *Lifestream Newsletter* – emailed quarterly to members
 - ✓ *Lifestream Journal* – mailed Spring and Fall. Available *only* to members
- Certification – Ready to begin!

✧ Development - Committees

- ✓ Publications – are you interested in writing? Join the Committee or submit articles to info@nafeh.net
- ✓ Public Relations Committee (New!) – Julie Lieberknecht, Chairperson

Solar Plexus Savory...

All Natural Bites

From Anshu Varma



Ingredients:

1. 2 cups oats
2. 2 cups whole wheat flour
3. 2/3 cup brown sugar
4. 1 (3 1/2 ounce) cup unsweetened coconut
5. 1/2 cup sunflower seeds
6. 1 cup dried fruit (raisins, dates, figs, cranberries, etc)
7. 1/4 cup honey
8. 1 cup unsalted butter
9. 1 teaspoon baking soda
10. 2 tablespoons hot water

Directions:

Preheat oven to 350 degrees. Combine first six ingredients in a large bowl. Melt honey & butter together in microwave; set aside. Mix baking soda with hot water and add to butter mixture. Pour butter mixture into dry ingredients and mix well. Place tablespoons of mixture into non-stick mini-muffin cups (no need to grease) and flatten mixture slightly. Bake 10 minutes or until golden. Cool on wire racks. Yummy!



Meditate with Thought...



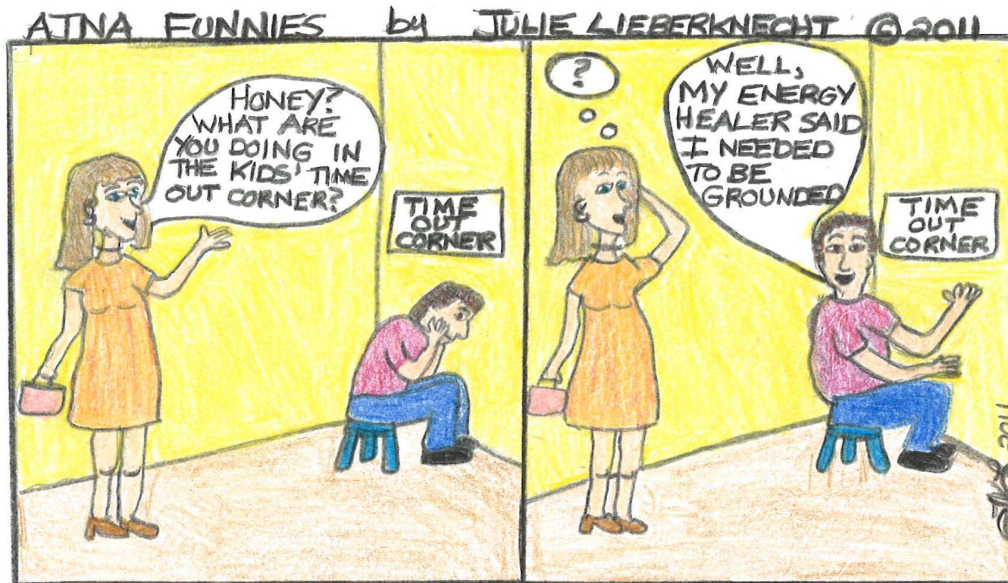
"There is only one thing that makes a dream impossible to achieve: the fear of failure."

- Paolo Coelho

HAPPENINGS

- ⇒ **Say our Stories (SOS):** The NAEH Publications Committee is looking for interesting case stories to publish in "LIFESTREAM – JOURNAL OF THE NATIONAL ASSOCIATION OF ESOTERIC HEALING". If you have one in which you use Esoteric HealingSM, please send it to: info@nafeh.net.
- ⇒ **Membership Dues:** Membership dues are to be in by June 1st, 2011. To receive the next copy of the Journal make sure you have joined by September 1st – We only print enough copies for the membership.
- ⇒ **Esoteric Healing Practicum Group:** Meets the second Tuesday of every month at IBS from 5:30 - 7:00 pm, led by Bonnie Dysinger (517.281.1706)
- ⇒ **Esoteric Healing Practitioners in the Detroit Metro area:** we are inviting a practice group to meet in Royal Oak or Warren, MI. Please let Julie Lieberknecht or Ruth Perry know if you're interested in joining (julie_lieberknecht@yahoo.com) (rutheperry@mac.com)
- ⇒ **Gratitude:** A Huge Thank You goes out to everyone who participated to make the 2011 Conference such a successful venture! Each person's energy contributed to make it such a blessing for all!
- ⇒ **NAEH Conference for 2012:** The Conference will be held on April 20, 21 & 22 2012, at the Holiday Inn, Okemos – Stadium Room (C & D)

AJNA FUNNIES



OPPORTUNITY KNOCKS

With the formation of the NFEH we have the ability to apply for research grants. The NFEH needs interested people to form a work group to get this opportunity started. There is so much that the scientific and medical community would love to learn from what we are doing. Are you someone who could help get the ball rolling? Imagine reports in major publications involving success using Esoteric HealingSM in treating Diabetes, Cancer, Transplant Surgery, the list goes on... If this speaks to you, or you would like to help in any way, write to us at info@nafeh.net

Thank You for your valuable input!

LINKS

Interesting connections to our vast resource Network:

1. I AM the Light Movie (3 min): <http://www.lightmovie.com/>
2. Brian Luke Seaward Inspirational Speaker: <http://www.brianlukeseaward.net/podcasts.html>
3. Patricia Cota-Robles on Transformation: <http://www.youtube.com/watch?v=FUeenRO2DyQ&playnext=1&list=PLC2700E3AD840DC6B>
4. New Age Study of Humanity's Purpose eraofpeace.org
5. Bread for the World – Have Faith, End Hunger – Lobbying organization to end hunger at home and abroad: <http://www.bread.org/>
6. Guideposts Inspirational Quotes on Dreams: <http://www.guideposts.org/inspirational-quotes/dream>
7. Writings on Esoteric Healing: <http://www.universalmedicine.com.au/esowrit>

Do you know of interesting and informative websites or YouTube clips regarding Esoteric Healing, Meditation, Metaphysical Studies, etc? Let us know for the next newsletter. Contact Julie at info@nafeh.net

ADVERTISING

Support our Community:
Check Out the Following Practitioners...



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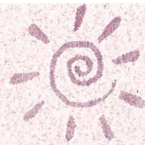
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If you would like to advertise in the next NAEH Newsletter, contact Anshu at info@nafeh.net