



"In Support of Esoteric Healing™ Practitioners"

LIFESTREAM

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National Association for Esoteric Healing Newsletter

NAEH reaches out to Florida Practitioners

Dr. Briner was invited to teach a Level 5 course in Esoteric Healing in Naples, Florida where 27 enthusiastic students from Florida, Michigan and Ohio attended the 4.5 day class. She will be following up with Level 6 on March 2-6, 2012, at the same location in Naples.

Contents:

NAEH is Growing.....	p.1
Wisdom.....	p.2
Say Our Stories.....	p.3
NFEH/NAEH News	p.5
Solar Plexus	
Savories.....	p.6
Meditate with Thought	p.6
Opportunity	
Knocks.....	p.7
Links.....	p.7
Happenings.....	p.8

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WISDOM

The Stonecutter

There was once a stonecutter who was dissatisfied with himself and with his position in life. One day, he passed a wealthy merchant's house and through the open gateway saw many fine possessions and important visitors. "How powerful that merchant must be!" thought the stonecutter. He became very envious, and wished that he could be like the merchant. Then he would no longer have to live the life of a mere stonecutter.

To his great surprise, he suddenly became the merchant, enjoying more luxuries and power than he had ever dreamed of, envied and detested by those less wealthy than himself. But soon a high official passed by, carried in a sedan chair, accompanied by attendants, and escorted by soldiers beating gongs. Everyone, no matter how wealthy, had to bow low before the procession. "How powerful that official is!" he thought. "I wish that I could be a high official!"

Then he became the high official, carried everywhere in his embroidered sedan chair, feared and hated by the people all around, who had to bow down before him as he passed. It was a hot summer day, and the official felt very uncomfortable in the sticky sedan chair. He looked up at the sun. It shone proudly in the sky, unaffected by his presence. "How powerful the sun is!" he thought. "I wish that I could be the sun!"

Then he became the sun, shining fiercely down on everyone, scorching the fields, cursed by the farmers and laborers. But a huge black cloud moved between him and the earth, so that his light could no longer shine on everything below. "How powerful that storm cloud is!" he thought. "I wish that I could be a cloud!"

Then he became the cloud, flooding the fields and villages, shouted at by everyone. But soon he found that he was being pushed away by some great force, and realized that it was the wind. "How powerful it is!" he thought. "I wish that I could be the wind!"

Then he became the wind, bowing tiles off the roofs of houses, uprooting trees, hated and feared by all below him. But after a while, he ran up against something that would not move, no matter how forcefully he blew against it - a huge, towering stone. "How powerful that stone is!" he thought. "I wish that I could be a stone!"

Then he became the stone, more powerful than anything else on earth. But as he stood there, he heard the sound of a hammer bounding a chisel into the solid rock and felt himself being changed. "What could be more powerful than I, the stone?" he thought. He looked down and saw far below him the figure of a stonecutter.

A Chinese Fable, reprinted in *The Crimson Fairy Book*, edited by Andrew Lang

Say Our Stories

by M. Walker

In 2006, my father was diagnosed with multiple myeloma, a cancer of the plasma cells. Over the course of the past 5 years, I worked with my dad through esoteric healing and other modalities, bringing much light as he pursued allopathic medical treatments. By the fall of 2007, the neurological side effects from chemotherapy left him in a wheel chair. His will to walk was extraordinary and with a continued mindset change, physical therapy, and exoteric practice, he regained capabilities. He was mobile again with the aid of a walker, then a cane and by fall 2008, he attended a golf outing with our family, much to the surprise of his neurologist. Two years later, his health declined again with new ailments presenting, from bone deterioration to circulatory and bowel blockages. By June of 2010, a diagnosis of renal failure & congestive heart failure arrived.

My talk of esoteric healing with my dad was usually received with a chuckle and a nod, as if to say, "there's Mary Anne, doing that weird thing she does," but it came out as, "Sure go right ahead, whatever makes you happy." The purpose of disease is to bring us back to our path of truth, a learning opportunity to grow in the process. Spirit is always trying to shine through where we are blocked.

My dad was placed in a medical sleep. I aligned and attuned that afternoon to treat him again as I was so very familiar with his energy bodies. With great surprise, I received my first ever, "NO" that I was not to continue. It was emphatic. Such an emotional roller coaster. Later that night I checked-in with other practitioners and learned that I could assess without treating; it felt to me as if he were in a cocoon. Dad was in and out of consciousness. Through all of this, prayer was constant. I asked everyone I knew to hold him in the light and they asked their family and friends and so on. It was a huge web of love wrapped around my dad asking for his highest healing to take place.

After a few weeks of this routine, one of the greatest miracles of my life happened. The phone rang very early in the morning on July 5th, 2010; I took a deep breath as I reached for the phone. I tearfully answered and there on the other end of the phone was my dad. I was so totally confused. "Mary Anne", dad's voice calmly spoke, he was streaming tears. "I need to see you." He continued to tell me how much he loved me, over and over. So much love. I raced out the door to see him, arriving in his room to find him sitting up in bed, still with tears flowing. He reached out for me so I crawled in right next to him and he told me where he'd been. "I was at the top of the world with god.

The sun was rising over the earth, it was so beautiful. I was shown how every individual is important to the plan.” “The Plan,” he said. His words. My dad, the civil engineer with a perfect Ray 5 mind, wholly grounded in this earthly world talking about “the plan.” “This journey is all about love,” he’d been shown much about his own life, and glimpsed at ours. He shared insights and the message was simple: “it’s all about love.”

“Love is all that matters, love is all that matters. Respect for each person is the most important thing.” I knew he’d been given a choice and he definitely had more he wanted to learn in this life’s experience. His veil was open and love from heaven was streaming onto and through him. He was gentler in his words and actions, now more than ever. Every life he touched was with an understanding purpose.

During his meeting with God, he’d been in the forest and many of his friends, family, and woodland animals were around him. He was very clear about the detail: he was suspended in the air and I was next to him, holding him in the light. Our eyes met, he knew not to be afraid. As I stood nearby calling to the light around him, a golden robe was being placed on him. Merlin the Magician was at our side citing mantras and incantations of prayer. There was so much love present. Love has a texture, it has amazing color – a blend of colors you can only imagine, it has dimension – size, and depth, it has emotion of peace and calm and it has warmth. You could breathe it all in, permeate your being. It is perfection.

Here’s where the miracle continues. In late June 2010, I had awakened from a dream, my own, dream where I was telling my husband of an incredible story of where I’d been with my dad in the woods; I was in the shadow of the trees, surrounded by forest animals. There was a beautiful glow of light, which attracted me. I met with Merlin the Magician who was teaching me new mantras, I tried to follow each incantation as I was holding my father suspended in air, and surrounded him with light. More and more light was being called in. I was holding dad in the light and we were placing a golden robe on him. I was truly experiencing what it was like to breathe in love.

As dad recounted his experience, I felt consumed by that same loving presence, breathing it in all over again. Such a gift. I thank my dad every day for this knowledge. We shared one more year together. My father transitioned into the light on June 23rd, 2011, surrounded by the love of his family, guides and the Divine. What an incredible blessing I’ve been given. Thanks for sharing my story.

NFEH/NAEH NEWS

- The NAEH Steering Committee is meeting on September 24th, 2011 to discuss goals and vision for 2012+. Those that signed up for subcommittee work at the April conference will be contacted shortly.

- To date, NAEH has 21 applications pending for the Esoteric Healing certification. The NAEH Certification Committee is receiving applications through September 30, 2011, for this Certification cycle.

- Please see the www.nafeh.net website to obtain Esoteric Healing class schedules.



Benefit from Living Right Now

A message from The Council of 12 channeled by Selacia Friday, 26 August, 2011

Heart Decodes Intuitive Information

Here's another benefit of living now. Science and spirit are collaborating more and more, with some of the latest research validating what you have long believed to be true about humanity's spiritual nature.

For example, for decades there has been a general understanding that the heart is vital to human evolution. The heart is an instrumental organ, of course, yet it is much more. Some studies show a surprising relationship between the heart and intuitive processes. One such study from the Institute of HeartMath, suggests that the heart participates in receiving, processing, and decoding intuitive information. Compelling evidence indicates the heart can receive intuitive information before the brain.

Solar Plexus Savory... From Bonnie Dysinger

Raw Thai Salad

Ingredients:

1. ½ c Raw cashews
2. ¼ c Red cabbage shredded
3. ½ c Lemon juice
4. ¼ c Carrots shredded
5. 2 T Fresh ginger chopped
6. 1 Mango cut in small dices
7. ½ T Red Chili pepper flakes
8. 1 handful of Cilantro
9. 1½ T Wheat free Tamari
10. 1 handful of torn Basil
11. 1 c Raw Peanut Butter
12. Himalaya Sea Salt
13. ½ Cabbage shredded
14. 2 T Honey (or agave nectar)



Cut mango in small cubes. Shred cabbage and carrots.

Puree honey, lemon juice, ginger, pepper flakes, and tamari. Add peanut butter (or almond butter) and blend on low speed to cake batter-like consistency. Add water to thin if necessary.

In a bowl mix cabbage and peanut butter mixture well. Add raw cashews and mango pieces. Top with cilantro and basil leaves and a few pieces of mango and/or carrots for color.

ॐ Meditate with Thought... ॐ

“Misdirected life force is the activity in disease process. Disease has no energy save what it borrows from the life of the organism. It is by adjusting the life force that healing must be brought about, and it is the sun as transformer and distributor of primal spiritual energy that must be utilized in this process, for life and the sun are so intimately connected.” ~The Buddah

OPPORTUNITY KNOCKS

With the formation of the NFEH we have the ability to apply for research grants. The NFEH needs interested people to form a work group to get this opportunity started. Imagine reports in major publications involving success using Esoteric HealingSM in treating Circulatory Ailments, Migranes, Diabetes, and/or Cancer. Please share your success stories! Email: info@nafeh.net

Thank You for your valuable input!

LINKS

1. Positive News from Around the World

http://www.positivenews.org.uk/cgi-bin/Positive_News/welcome.cgi

2. National Center for Complementary and Alternative Medicine

http://en.wikipedia.org/wiki/National_Center_for_Complementary_and_Alternative_Medicine

3. The Lucis Trust

<http://www.lucistrust.org/>

4. International Society for the Study of Subtle Energies and Energy Medicine

<http://www.issseem.org/>

5. Nexus Magazine: health, future science

<http://www.nexusmagazine.com/>

6. Manuscript on One Woman's journey into the Subconscious

<http://www.inlandjourney.com/>







7. Online Community for Intelligent Optimists

<http://www.odemagazine.com/>

8. Mind Body Spirit Energy Medicine Magazine

<http://www.caduceus.info>

HAPPENINGS

-  Membership Dues: NAEH Membership year is **EXTENDED** from ending on May 31, 2012, to September 30, 2012. Therefore, this current Membership Year is from June 1, 2011, through September 30, 2012 (this adds 3 months to this year's membership). After this year, the **NEW** Membership year will be October 1, 2012, through September 30, 2013.
-  NAEH Conference for 2012: The Conference will be held on April 20, 21 & 22 2012, at the Holiday Inn, Okemos – Stadium Room (C & D)
-  To Increase the Visibility of our NAEH: Please search NAEH or Esoteric Healing in your Google search engine. Each time you search, you increase the probability of NAEH showing up first for a new visitor...please do this as often as you can to help spread the word.
-  Say our Stories; The NAEH Publications Committee is looking for interesting articles you might be interested in writing to publish in **LIFESTREAM – JOURNAL** or in the **LIFESTREAM-NEWSLETTER**. If you have an idea you'd like to share in which you use Esoteric HealingSM, please send it to Email: info@nafeh.net.
-  Esoteric Healing Practitioners in the Detroit Metro area: We have begun a practice group meeting in Royal Oak. The first meeting was on September 17th from 10:00am – 12:00pm. Please let Julie Lieberknecht or Ruth Perry know if you're interested in joining. The next meeting is scheduled for the weekend of October 24th. Info will be emailed to those interested.
(julie_lieberknecht@yahoo.com) 313.333.9240, (ruthperry@mac.com)
-  Esoteric Healing Practice Group in Okemos: Meets on the first Tuesday of the month at the Institute for Bioenergy Studies, 5:30 – 7:00 pm. For more information or if you'd like to join the mailing list, contact Bonnie Dysinger: bkdysinger@aol.com

Send us informative websites or clips regarding Esoteric Healing, Meditation, and
Metaphysical Studies Contact: info@nafeh.net