



Lifestream

NAEH Newsletter

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The Face Beside the Fire by Lauren van der Post

We make a great mistake when we think that people whose lives have been intimately woven into our own cease to influence us when they die. While they are living, they are many things to us. But with death, the essential thing that they have been in our lives is stabilized and all the rest is discarded. Those who have died become part of the dynamics of our spirit, the basic symbolism of our minds. They sail on the seas of our spirit from the beginning to the end of our time.



Message from the President



We are one tribe. I cherish our unity. We are united by our suffering and by our joy. One life flows through all life. One heart holds every heart.

The loss I sustain today is the beginning of a larger, wiser, and kinder tomorrow. It is a part of the dignity of those we lose that we go forward bearing them as loving treasure in our hearts.

I cherish those whom I carry in my heart.

I honor their thoughts, their wisdom, their guidance, and their support.

I bring them forward through my actions toward the future they empowered.

- Julia Cameron

On October 12th we lost our founder and mentor, Dr. Barbara Briner, after a long illness. Her loss leaves a hole in the fabric of our lives and yet her contributions and vision continue to inspire us. The NAEH was founded by Dr. Briner as a way to create community and connection for all teachers, practitioners and students of Esoteric Healing. From its origin in 2006, the NAEH has grown into a strong, vibrant and creative group bringing Esoteric Healing education and practice to the world. While we will miss Dr. Briner deeply we remain committed to the mission and vision of the NAEH. Our program of Esoteric Healing practitioner certification is going strong, our new class of teacher trainees is working hard, and plans for the 2020 conference titled: Points of Light: Esoteric Healing in the Aquarian Age, are in the works. As a 501c3 public charity the NAEH is now able to receive tax deductible donations and bequests and will likely move toward adding research as a focus in the near future.

The health of the NAEH is a direct reflection of the dedication of its membership and together I know that we will chart a way forward as we carry on Dr. Briner's legacy. I am so grateful for each one of you and welcome your contributions and input.

Many blessings,
Fran Oppenheimer
NAEH President, 2018-2020



Memorial Service

Dr. Barbara Briner

Tribute to Barb written by her children Armondo, Julian and Maria Briner and read at her memorial service:

Family. A foundation that shapes you and can change lives forever. Barb is our family. She was one of the two people that changed our lives and our destiny by being family. We can be our best and worse selves with family and they love us no matter what. The family time we had with Barb was like most, there were ups and downs and laughter and tears. We had more laughter than anything. Barb liked to laugh and tell bad jokes that of course she laughed at even if they weren't that funny. She liked to pull pranks; like buttering my Uncle Tom's toast with mayonnaise or switching a glass of wine out for pickle juice. She showered us with cheesy funny birthday cards year after year. We knew they were really bad when she started laughing BEFORE we opened the envelope. Our love for science fiction was inspired by her love of Starwars and Star Trek and Marvel and DC. We watched and rewatched all the Starwars movies, both the old and the remakes, with her. When we were little she used to tell us the missions of the Jedis from the many books she read and would say, "you have to read this when you are older."

With us, though she was a parent and would be serious and have meaningful conversations. She was also a big kid. She liked to eat pizza, to get ice cream, watch movies and play games. And by play games we mean win! Barb very much disliked losing at card and board games and did not like it if you laughed about that. The TRUTH is with that trait and hard work she WON at so many things in her life.

Barb was many things; funny and fun and difficult and stubborn and kind and brilliant. She was devoted to her work above all things and that sometimes was hard for us, but the thing she was and is to us is family where all of the things about her were loved. At her best and worst and we loved her no matter what. And she loved us the same.

Barb pushed us to be our best and would listen and get on us if we were not. If we went to her about a problem or complained she would often say well, "what did YOU do?" which was irritating but in the end.... effective.

She encouraged us to follow our dreams and to never give up on them. She always reminded us that no matter how hard things got they would eventually get better.

Family. A foundation that shapes you and can change lives forever. We are blessed to have a big loving family that Barb was an important part of and we will miss her very much.

Barb leaves behind a professional legacy and she leaves behind a family.

We chose words of wisdom from Yoda for both...

For her professional legacy: *"Death is a natural part of life. Rejoice for those around you who have transformed into the force."* - YODA

And for her family: *"When gone am I... the last of the Jedi will you be. The Force runs strong in your family. Pass on what you have learned"* - YODA





Bonnie Dysinger wrote and read this during Barb's service:

It is a Buddhist proverb: When the student is ready, the teacher will appear.

Barb was a teacher to many and through her teachings many of us have come to find our way in navigating this world. We made the conscious decision to step out of our own personal darkness and onto the path of the lighted way. The spiritual path.

Barb taught us about the movement of energy and the effects that energy has on our beingness, and how to balance that energy. She taught us about our soul and how to listen to the whisperings of our own soul. She taught us about life and how the challenges we've experienced in our life are just lessons that our own soul wants us to learn from – it wasn't about if we were good or bad or even somewhere in-between – they were just lessons and what did we learn from them. And Barb taught us about death and that in death we have just stepped over into the other room. That our deceased loved ones can still hear and receive our prayers for them. And in what we call death – those who go before us still have full and active lives, just on another plane.

I had the opportunity to work on most of our NAEH committees with Barb. We met together most frequently on the Board of Directors and Certification Committees and later on the Teacher Training committee to revise our Teacher Training process. Barb was full of will and purpose in fulfilling her vision of the NAEH for all of the Esoteric Healing practitioners. She had a vision and through her vision the NAEH progressed, grew, and evolved. And she saw to it that the NAEH would continue to grow and evolve – even without her here. But even with her will and purpose in the meetings, she also brought love, compassion, and humor.

From Barb, we learned the importance of beginning every meeting – no matter how big or small – with inviting in the presence of an angel and a meditation, and in meditation we invited the presence of spirit to guide our meeting and our work. And as we work our way through our meetings, there is always much magic that occurs. Answers come and we are shown the way forward and things are just easier. Every meeting also closed with a meditation and a final OM PEACE BLISS AMEN.

Barb wasn't much for technology and most times resisted this change. At first our meetings were all local and in person with maybe a person or two calling into the meeting, yet today we have members on committees from various parts of the United States, seeing and talking to each other. We never got Barb to use her video to join any meetings, but she did open up to calling in to participate in the meetings. If Barb ever did the meeting minutes, they were always subject to what we jokingly called her "special font" which was her doctor-ish handwriting. So maybe you can imagine how easily we were able to read them. Haha!

Lynn Tokuda, a student of Barb wrote this with regards to a walking stick she designed for the Certification Committee to give to Barb a couple of years ago after her first knee surgery. "She has sought truth and created a beauty within as reflects the beauty in her relationship with the Creator in their Unity. She maketh herself coverings of Tapestry – her clothing of silk and purple. She has made her way for others to follow." "She is a Goddess of Transformation, a Warrior, and a Healer."

If you look around you at all the people here today – and think about those who she touched who were not able to be here with us, she has made her way for others to follow.

God Blesses you Barbara Briner for sharing your Love and Light in this world, and the positive difference you have made in touching so many of our lives through your teachings and your presence.

Together let us sound 3 OMs with the intent of carrying Gratitude and Love to Barb for her presence in our lives...

OM PEACE BLISS AMEN

Written by Vicki Geothals,
Reading by Fran Oppenheimer

How do you say Goodbye for Now to the teacher that that taught you to see through the physical, from organs and tissues, to emotions, and beyond the body itself? Not to sense energy but to define it and use it to help others, without ego or judgement, just love. To feel firsthand that we are not a body with a soul, but a soul with a body. Who taught us to meditate, who read Biblical Scripture in class, and poems, right before delving into the specific functioning of the glands in the brain, and then would make fun of us for being afraid to laugh at her jokes. She dedicated her life to alleviating others' pain, to her Esoteric Healing students, to MSU Osteopathy students, and she built an organization that became recognized around the world for its validity in energy medicine. She was our friend, doctor, comforter, encourager, and maybe once or twice she scolded me....but I deserved it. I'm really going to miss you Dr. Briner. Thank you for everything that you gave all of us.

"For Recent Grief" from **To Bless the Space Between Us** by John O'Donohue
Reading by Fran Oppenheimer

When you lose someone you love, your life becomes strange.
The ground beneath you gets fragile,
Your thoughts make your eyes unsure.
There are days when you wake up happy again, inside the fullness of life,
Until that moment breaks and you are thrown back onto the tide of loss.
Sorrow will remain faithful to itself.
More than you, it knows its way
And will find the right time to pull and pull the rope of grief
Until that coiled hill of tears has reduced to its last drops.
Gradually, you will learn acquaintance with the invisible form of your departed;
When the first work of grief is done, the wound of loss will slowly heal
And you will learn to wean your eyes from that gap in the air
And be able to enter the hearth in your soul
Where your loved one has awaited your return all the time.







NAEH Education

“Deepening Classes”- Check the NAEH Website!

Because the basic Esoteric Healing courses can't include ALL that we'd like to learn, many EHer's have expressed interest in creating and/or enrolling in a “deepening class.”

A “Deepening Class” supports one's personal and/or spiritual growth in the development and understanding of health and consciousness. A deepening class may also enhance the practice, knowledge, and understanding of Esoteric Healing. Examples of topics for deepening classes include: Esoteric Psychology; Meditation; the Angelic Kingdom; Anatomy and physiology of various body systems; Energy Work for Animals; Business Considerations in an Esoteric Healing Practice, and many others.

If you are interested in deepening classes, go to the NAEH website, click on the “Classes” tab, click on “Deepening Classes.” You'll see additional information about possible topics.

NAEH members at the Professional level are qualified to post a deepening class they are going to teach. Professional members must first complete the application provided in the Members Only area on the website and submit it to the Education Committee for approval to post their class on the NAEH website.

Sometimes, we get good ideas of what we could teach by seeing what others are doing. - See Bonnie Dysinger's deepening classes that will introduce “newbies” to Esoteric Healing principles, such as the alignment and attunement, and learning about the energy centers/chakras.

Ethics

By Shauna Edmonds, CPEH

Ethics – A Perspective for The Practice of Esoteric Healing

There are differences of opinions in the world about what is right and wrong on almost any issue. With Esoteric Healing, the use of ethics is important not only when working with the energetics of another person but in creating our part in right human relationships. This is the reason we are creating a series of short articles focusing on points of ethics that truly need to be acknowledged and discussed.

Recently I had a gentleman who was needing help with his depression, anger and fear. He was in town for just a week or so and was wanting Esoteric Healing as well as a Shamanic style of healing. A friend of mine who took Parts 1-4 many years ago with me also does a Shamanic style of work. With limited time, we choose to work together holding the space for each other as we did our thing. All went well until after the sessions and I was talking to the gentleman about his anger. I saw / sensed that his fear was fairly dormant and his anger was feeding itself. There is a feeling of power in anger. Knowing this gentleman, I knew if I brought up his fear – _which we understand is an underlying cause of anger – _it would ignite and that I did not want.

While I was talking to him, my friend who was still in the same room, started yelling about his fear.

Saying anger always comes from fear and it is his fear he needs to look at. Well, he went off like a helium balloon on fire. Exactly what I was trying to avoid. I calmed him and was able to wrap up the appointment.

The specific NAEH Code of Ethics I would like to address with this scenario is “Honoring the value in every person by refraining from behaving in a prejudicial manner or discriminating against clients and/or colleagues.”

What I believe would have been the ethical thing to do is to wait until the session is over and discuss any questions between the practitioners of the session.

It is not OK to call someone out in front of a client and disrupt the session – period. According to DK, group work is the path we are moving towards and is an attribute of Ray 7 - the Ray of the Age of Aquarius. Group work is not necessarily easy. We all have different Ray makeups and tend to work differently. One of the best ways to deal successfully with the fires of group work is to honor each other, hold questions until appropriate and then discuss any issues and learn from each other. Let us keep the peace and move forward with the work.

Alice Bailey writes in “From Bethlehem to Calvary,” page 279, quoting Dr. Schweitzer: “Civilization originates when men become inspired by a strong and clear determination to attain progress, and consecrate themselves, as a result of this determination, to the service of life and of the world. It is only in ethics that we can find the driving force for such action, transcending as it does, the limits of our own existence.”

Esoteric Healing Study/Practice Group

If you have a study group and would like to have your contact info published please contact kathleenhautala@gmail.com with your details.

Benicia, California

ZOOM (an online video communication system) Esoteric Healing practice group meets the 4th Tuesday of each month at 7:00 pm PST with Bonnie Dysinger, CPEH. All levels are welcome. Join us on Zoom from wherever you are in the world! Email Bonnie at bonnie@bonniedysinger.com or call 517-281-1706 (PST) and let her know you would like to be added to the Zoom invitation list. Esoteric Healing practice groups are a great way to meet and interact with other Esoteric Healing practitioners, ask questions, and practice your skills.

Ann Arbor, Michigan

Meets on the second Saturday of the month from 1-3pm
Call or email Diane Rolka at 517-881-7789, diane.rolka@gmail.com to inquire/confirm.

Madison, Wisconsin

Wisconsin has a new Study Group which meets in Madison bi-monthly beginning January 2020 with meetings scheduled for March, May, July, September, and November. All levels welcome! Contact Kathleen Hautala for specific dates and more information at kathleenhautala@gmail.com or text 414-364-1557.

Members of the Publications Committee

Catherine Finigan, Joni Larson, Lori Settersten, Stephanie Urdang



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