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Ethics - A Perspective for The Practice of Esoteric Healing

There are differences of opinions in the world about what is right and wrong on almost any issue. With Esoteric Healing, the use of ethics is important not only when working with the energetics of another person but in creating our part in right human relationships. This is the reason we are creating a series of short articles focusing on points of ethics that truly need to be acknowledged and discussed.

The first point I would like to offer is – "I will not interfere with the will of another person." This is huge. When we start an Esoteric Healing session, we always ask that the healing be given according to the Will of the soul. That is the client's soul – not our little ego or personality. So, what does that mean? We are taught the soul is the true healer of the form and we are to honor that as healing facilitators.

A friend of mine who also is an Esoteric Healer taught me the potential consequences when we do not listen to that quiet but powerful voice. Her husband was quite ill and was actually in the beginning stages of actively dying. She wanted him healthy and to stay with her for many more years to come and started a healing session. When she asked his soul, the answer she received was no. Well, that was not what she expected or wanted! She proceeded anyway.

The next day, he took a turn for the worse. She tried another session; again, she received a no answer and treated him anyway. And again, he got worse. She realized the reality and significance of the Will of the soul and let him eventually pass in peace.

I have heard so many people say "I can heal you," or "He/she healed me," when the reality is it is our own soul that does the healing. We can hold the space and facilitate the healing only when a client's soul allows. Otherwise, we could be creating chaos and cause discomfort for the client and ourselves. In Esoteric Healing, page 677, there is a statement that clearly exemplifies this: "The self-will of the healer (no matter how high a quality) and his determined effort to heal the patient, create a tension in the healer which can seriously deflect the healing current of energy. When this type of will is present, as it frequently is in the inexperienced healer or the non-initiated healer, the healer is apt to absorb the patient's difficulty and will experience symptoms of the trouble and the pain. His willful determination to be of help acts like a boomerang and he suffers, whilst the patient is not really helped."

Help can always be given with "the lifting of the downward focused eyes unto the soul, the true Healer within the form," (Law IV) if they are willing on the personality level. By listening, observing and with knowledge and consent from the soul and personality, we can assist with healing on whatever level is needed – or not.

The ethics of this statement applies to the Will of the soul as well as the will of the individual personality. We are here to help and support our clients as we ourselves would like to be helped and supported according to our own will.

Alice Bailey writes in "From Bethlehem to Calvary," page 279, quoting Dr. Schweitzer: "Civilization originates when men become inspired by a strong and clear determination to attain progress, and consecrate themselves, as a result of this determination, to the service of life and of the world. It is only in ethics that we can find the driving force for such action, transcending as it does, the limits of our own existence."