Ethics – A Perspective for The Practice of Esoteric Healing

There are differences of opinions in the world about what is right and wrong on almost any issue. With Esoteric Healing, the use of ethics is important not only when working with the energetics of another person but in creating our part in right human relationships. This is the reason we are creating a series of short articles focusing on points of ethics that truly need to be acknowledged and discussed.

In the NAEH CPEH Ethics Agreement, #12 states: "I shall provide a safe and respectful environment while giving an Esoteric Healing treatment whether in person or absentee."

I have a massage client whom I have been seeing for a few years now. She knew about the Esoteric Healing service I provide but has been afraid I will "scramble her insides." I dropped the idea she would ever allow a session until one day she called and was in so much pain and had been for a week. She had a headache and a backache the chiropractor was not able to relieve and I did not have time for a massage session. However, I let her know I did have about ten minutes to do a quick absentee Esoteric Healing session. With a moment of obvious thought, she finally said yes. She did not know how this would work as we were not together and asked if we could do this over the phone – the phone being a more substantial connection than the ethers! I told her that would be perfect.

Respecting her fears and angst over something she did not understand was what was needed. She was able to relax as I was telling her what I was doing — aligning, attuning, asking for permission, etc. — over the phone. She now asks for Esoteric Healing as it was the only thing that helped the pain. Even though she is more comfortable with the Esoteric Healing, absentee for her now is always over the phone!

Another point to consider for clients is a clean space either in your home or office. I have a cat and let my clients know this in advance in case they are allergic or afraid. If you work out of your home and have any pets, please be aware they may be wonderful to you but may not be to your clients. Be the observer of the situation; how much pet fur is around; is the kitty litter clean. Keep the pets away from the clients – unless they know them and love them – and never allow the animals in the room during the sessions. Your focus will be divided and the client may not be able to relax to the level needed. Be professional wherever you practice and with whomever.

Alice Bailey writes in "From Bethlehem to Calvary," page 279, quoting Dr. Schweitzer: "Civilization originates when men become inspired by a strong and clear determination to attain progress, and consecrate themselves, as a result of this determination, to the service of life and of the world. It is only in ethics that we can find the driving force for such action, transcending as it does, the limits of our own existence."