



The National Association for Esoteric Healing
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Integration – Esoteric Healing Part 2

Instructor: Bonnie K. Dysinger, M.Sc., CPEH, CHHP, C.Ht.

Deepen Your Understanding of Energy, Healing, and Spiritual Development

Having established a foundation in Esoteric Healing in Part 1, Part 2 takes you more deeply into the philosophy and practical application of this work.

You will expand your understanding of the multidimensional nature of the human being, explore deeper spiritual principles underlying healing, and continue developing your ability to assess and balance the human energy field.

Through study and practical application, you will explore deeper spiritual principles while expanding your practical experience through additional energy triangles and balancing techniques that build upon those learned in Part 1.

Prerequisite: Introduction to Esoteric Healing – Part 1

In This Course You Will Explore:

- ✓ The Constitution of the Human Being and the relationship between Spirit, Soul, and Personality
- ✓ Meditation and its importance in spiritual development and Esoteric Healing
- ✓ Kundalini and its relationship to the human energy system
- ✓ Spiritual Initiations and the evolution of consciousness
- ✓ The Seven Rays and their influence on the human energy field
- ✓ The breath and its relationship to energy and consciousness
- ✓ Basic Metaphysical Principles underlying Esoteric Healing
- ✓ The centers and their relationships within the human energy field
- ✓ Energy triangles introduced in Part 1, along with additional triangles and balancing techniques
- ✓ The practical application of Esoteric Healing through continued experiential learning

What You Will Experience in Part 2

As you continue your study and practical application of Esoteric Healing, you will have opportunities to:

- Deepen your sensitivity to subtle energy
- Develop greater confidence in assessing and balancing the energy field
- Expand your understanding of the relationships between the centers, organs, systems, and subtle bodies
- Gain greater insight into yourself and others as spiritual beings
- Deepen your understanding of the evolution and progression of the soul

Expanding Your Esoteric Healing Practice

Part 2 introduces additional energy triangles and balancing techniques that build upon those learned in Part 1. Students continue integrating previously learned triangles while expanding their practical application into additional areas of the body and energy field.

New areas of practical application include:

- Additional techniques for balancing the spine
- The digestive system, including the colon
- The respiratory system
- The immune system
- The voice and ears
- Additional triangles supporting spiritual growth
- The Seven Rays and their application within Esoteric Healing

Is Part 2 Right for You?

Part 2 is designed for students who have completed **Introduction to Esoteric Healing – Part 1** and are ready to continue their study and practical application of Esoteric Healing.

- Are you ready to deepen your understanding of the philosophy introduced in Part 1?
- Would you like to expand your ability to assess and balance the human energy field?
- Are you interested in learning additional energy triangles and balancing techniques?
- Would you like to deepen your understanding of yourself and others as spiritual beings?

If you answered yes to these questions, Part 2 is the next step in continuing your Esoteric Healing journey.

**Ready to deepen your journey into Esoteric Healing?
Read on for class dates and registration information.**

Online Philosophy Class: January 23 – February 12, 2027

Online Practical Application Class: February 13 – 18, 2027

Times: See Class Calendar for class times and available session options. **All times are Eastern Time.**

Preview Class Calendar: [Click Here](#)

Preview Class Assignments: [Click Here](#)

Cost: \$495 (\$395 for students repeating Part 2)

- The Part 2 manual will be available for you to download and print prior to the start of class.
- When you register for the class, you will have the option to pay an additional \$30 if you would like me to print the manual, punch holes for your three-ring binder, and mail it to you.
- After successful completion of both the Philosophy and Practical Application portions of this class:
 - Students will receive a Certificate of Attendance.
 - Students will continue to have access to the philosophy videos and videos demonstrating the energy triangles learned in this class.

Registration: [Click Here](#) to register and pay online.

Please contact Bonnie at bonnie@bonniedysinger.com or call 517-281-1706 if you have any questions.

Requirements for the Online Practical Application Class:

- Be comfortable with the concept of healing at a distance
- Have dependable high-speed internet for participating on Zoom
- Have a video camera for your Zoom connection (*we need to be able to see each other!*)
- Successfully complete all Philosophy lessons, assignments, and quizzes by the final due date before attending the Online Practical Application Class

Online Philosophy Class

The Online Philosophy Class allows you to explore the deeper principles of Esoteric Healing through approximately **20 short videos totaling about 8 hours of instruction**, along with reading, assignments, and quizzes. The videos are designed to enrich your understanding of the material and prepare you for its practical application during the live Zoom classes.

Online Practical Application Class

The Online Practical Application Class brings the philosophy of Part 2 into practical experience. You will review and integrate techniques learned in Part 1 while learning additional energy triangles and balancing techniques introduced in Part 2.

Through student-to-student practice and the continued experience of both giving and receiving Esoteric Healing, you will deepen your practical skills, strengthen your sensitivity to energy, and gain experience working with additional areas of the body and energy system.

By the End of Part 2, You Will Be Able To:

- Assess and balance additional areas within the physical/etheric, emotional, mental, and spiritual bodies using the written protocols provided
- Apply additional energy triangles and balancing techniques introduced in Part 2
- Incorporate the Seven Rays into your Esoteric Healing practice
- Become more proficient in recognizing energetic imbalances and understanding their relationship to the various bodies
- Develop a more integrated approach to balancing the whole being
- Deepen your understanding of yourself and others as spiritual beings
- Continue developing your awareness of the progression and evolution of the soul

Instructor

Bonnie K. Dysinger, M.Sc., CPEH, CHHP, C.Ht., is an energy healing facilitator and teacher specializing in the philosophy and practical application of Esoteric Healing. She became a Certified Practitioner of Esoteric Healing in 2012 and an Accredited Teacher in 2014.

As a Professional Member and a member of the Board of the National Association for Esoteric Healing, Bonnie has published articles in the



NAEH Lifestream Journal exploring the relationships between physical anatomy, the centers, and Esoteric Healing.

Bonnie is located in East Lansing, Michigan. To learn more about Bonnie and her work, visit www.bonniedysinger.com